



**Centered: NorthShore Center for Mental Health**

**114 Kedzie Street, Suite 1 Evanston, IL 60202 847.334.3478**

**Biographical Information – New Child Client Intake Form**

*Please fill out this biographical background form as completely and openly as possible for each child in therapy. It will help me in our work together. Information is confidential as outlined in the Information for Client document. If certain questions do not apply to the child, leave them blank. There is no need to duplicate information. Please bring this with you to the first session.*

**Child's Personal History**

Information supplied by: \_\_\_\_\_

Relationship: \_\_\_\_\_ Date: \_\_\_\_\_

Child's name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_ M \_\_\_\_\_ F Weight: \_\_\_\_\_ Height: \_\_\_\_\_

Eye color: \_\_\_\_\_ Hair color: \_\_\_\_\_ Race: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home phone: \_\_\_\_\_ Alternate phone: \_\_\_\_\_

Mother's cell: \_\_\_\_\_ Father's cell: \_\_\_\_\_

Email address: \_\_\_\_\_

Year in school: \_\_\_\_\_ Teacher's name: \_\_\_\_\_

Why is the child coming to therapy?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe the progression of your child's problem or behavior (When did it begin, how long has it lasted? How have you reacted? What have you tried so far?)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Under what conditions do the problems usually get worse?

\_\_\_\_\_

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Under what conditions are the problems usually improved?

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Describe your child's positive attributes and strengths.

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Describe your hopes for bringing your child and family to therapy.

**Child's Prenatal Period, Infancy and Early Childhood**  
*(Please feel free to use a separate page where necessary.)*

Did the child's mother have any occurrence of miscarriage or a stillbirth?  Yes  No

If yes, describe:

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Was the pregnancy with this child planned?  Yes  No

Length of pregnancy: \_\_\_\_\_

Mother's age at child's birth: \_\_\_\_\_ Father's age at child's birth: \_\_\_\_\_

Child number \_\_\_ of \_\_\_ total children

How many pounds did the mother gain during the pregnancy? \_\_\_\_\_

While pregnant did the mother smoke?  Yes  No

If yes, what amount: \_\_\_\_\_

Did the mother use drugs or alcohol?  Yes  No

If yes, type/amount: \_\_\_\_\_

While pregnant, did the mother have any medical or emotional problems or stress?

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**Describe your child's first three years of life. Please include the following:**

Quality of prenatal care, birth and postnatal care

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Was the baby breastfed? For how long? Describe weaning.

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Did mother suffer postpartum depression or anxiety? \_\_\_ Yes \_\_\_ No

How did the baby respond to holding, eye contact, and nurturance?

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What kinds of emotional support were available for the mother and father during the child's early years?

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Who cared for the child during his/her first 3 years?

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How were limits set for your young child?

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If your child was adopted, please indicate details of the adoption and what is known of your child's early history (i.e., domestic or international adoption, agency name, foster-placement history, degree of openness in adoption, what is known of birth family, prenatal and birth history).

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### Medical History

Name and address of child's primary physician:

Physician's name:

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of most recent physical exam: \_\_\_\_\_

Results: \_\_\_\_\_

Dental

Date of most recent exam: \_\_\_\_\_

Results: \_\_\_\_\_

Vision

Date of most recent exam: \_\_\_\_\_

Results: \_\_\_\_\_

Hearing

Date of most recent exam: \_\_\_\_\_

Results: \_\_\_\_\_

Psychiatric treatment

Name of Physician: \_\_\_\_\_

Dates of treatment: \_\_\_\_\_

Describe previous psychotherapy your child and/or family has had, duration, and results.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Current prescribed medications	Dose	Dates	Purpose	Side effects
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Current vitamins or supplements	Dose	Dates	Purpose	Side effects
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Current over-the-counter meds	Dose	Dates	Purpose	Side effects
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Immunization record (check immunizations the child/adolescent has received):

	DPT	Polio	
2 months	_____	_____	15 months ___ MMR (Measles, Mumps, Rubella)
4 months	_____	_____	24 months ___ HBPV (Hib)
6 months	_____	_____	prior to school ___ HepB
18 months	_____	_____	
4-5 years	_____	_____	

Please check if child has history of any of the following:

Abortion	Hay fever	Pneumonia
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<input type="checkbox"/> Asthma	<input type="checkbox"/> Heart trouble	<input type="checkbox"/> Polio
<input type="checkbox"/> Blackouts	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Pregnancy
<input type="checkbox"/> Bronchitis	<input type="checkbox"/> Hives	<input type="checkbox"/> Rheumatic Fever
<input type="checkbox"/> Cerebral Palsy	<input type="checkbox"/> Influenza	<input type="checkbox"/> Scarlet Fever
<input type="checkbox"/> Chicken Pox	<input type="checkbox"/> Lead poisoning	<input type="checkbox"/> Seizures
<input type="checkbox"/> congenital problems	<input type="checkbox"/> Measles	<input type="checkbox"/> severe colds
<input type="checkbox"/> Croup	<input type="checkbox"/> Meningitis	<input type="checkbox"/> severe head injury
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Miscarriage	<input type="checkbox"/> sexually transmitted disease
<input type="checkbox"/> Diphtheria	<input type="checkbox"/> Multiple sclerosis	<input type="checkbox"/> Thyroid disorders
<input type="checkbox"/> Dizziness	<input type="checkbox"/> Mumps	<input type="checkbox"/> Vision problems
<input type="checkbox"/> Ear infections	<input type="checkbox"/> Muscular Dystrophy	<input type="checkbox"/> Wearing glasses
<input type="checkbox"/> Eczema	<input type="checkbox"/> Nose bleeds	<input type="checkbox"/> Whooping cough
<input type="checkbox"/> Encephalitis	<input type="checkbox"/> other skin rashes	<input type="checkbox"/> Fevers
<input type="checkbox"/> Pleurisy	<input type="checkbox"/> Paralysis	<input type="checkbox"/> other

List any major illnesses and/or operations with dates:

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Describe any medical problems your child has experienced: (e.g. inner ear problems, colic, hospitalizations, premature birth, lack of prenatal care, etc.)

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List any physical concerns occurring at present:

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List any physical concerns, accidents or traumas experienced in the past:

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On average how many hours does the child sleep daily?

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Does the child have trouble falling asleep at night?  Yes  No  
If yes, how long has this been a problem?

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Describe the child's appetite and typical daily meals (during the past week):

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Does the child/adolescent use or have a problem with alcohol, drugs or pornography?  Yes  No  
If yes, describe:

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Has the child ever been diagnosed with an eating disorder?  Yes  No  
If yes, describe:

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### Family History

With whom does the child live at this time?

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Is the child adopted or raised with parents other than biological parents?  Yes  No

Are parents divorced or separated? \_\_\_\_\_

If parents separated or divorced, how old was the child then? \_\_\_\_\_

If yes, who has legal custody? \_\_\_\_\_

Were the child's parents ever married?  Yes  No

What significant information about the parents' relationship or treatment toward the child might be beneficial in therapy?

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What is the family relationship between the child and his/her custodial parents?

- Single parent mother       Single parent father       Parents unmarried  
 Parent's married, together       Parents divorced       Parents separated  
 With mother and stepfather       With father and stepmother  
 Child adopted       other, describe

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Is there a history of recent occurrence(s) of child abuse to this child?  Yes  No  
If yes, which type(s) of abuse?  Verbal  Physical  Sexual  Emotional  
Comments:

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### Child's Mother

Name: \_\_\_\_\_ Age: \_\_\_\_\_  
Occupation: \_\_\_\_\_ FT \_\_\_ PT \_\_\_  
Where employed: \_\_\_\_\_ Work phone: \_\_\_\_\_  
Mother's highest level of education:

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Is the child currently living with mother?  Yes  No

Is there anything notable, unusual or stressful about the child's relationship with the mother?  
 Yes  No If yes, please explain:

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How is the child disciplined by the mother?

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For what reasons is the child disciplined by the mother?

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### Child's Father

Name: \_\_\_\_\_ Age: \_\_\_\_\_  
Occupation: \_\_\_\_\_ FT \_\_\_ PT \_\_\_  
Where employed: \_\_\_\_\_ Work phone: \_\_\_\_\_  
Father's highest level of education:

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Is the child currently living with father?  Yes  No

Is there anything notable, unusual or stressful about the child's relationship with the father?

Yes  No If yes, please explain:

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How is the child disciplined by the father?

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For what reasons is the child disciplined by the father?

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**Child's Siblings and Others who live in the Household**  
(Please indicate names, ages, and quality of relationship.)

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Briefly describe the child's relationship with brothers and/or sisters:

Birth siblings:

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Step and/ or half siblings:

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Other:

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**Family Health History**

Have any of the following diseases occurred among the child's blood relatives? (Parents, siblings, aunts, uncles or grandparents) Check those which apply:

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|-------------------------------------|---|--|
| <input type="checkbox"/> Allergies  | <input type="checkbox"/> Deafness           | <input type="checkbox"/> Muscular Dystrophy        |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Diabetes           | <input type="checkbox"/> Nervousness               |
| <input type="checkbox"/> Asthma     | <input type="checkbox"/> Glandular problems | <input type="checkbox"/> Perceptual motor disorder |



- |  |  |   |
|--|--|---|
| <input type="checkbox"/> bleeding tendency | <input type="checkbox"/> Heart disease       | <input type="checkbox"/> Mental Retardation |
| <input type="checkbox"/> Blindness         | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Seizures           |
| <input type="checkbox"/> Cancer            | <input type="checkbox"/> Kidney disease      | <input type="checkbox"/> Spinal Bifida      |
| <input type="checkbox"/> Cerebral Palsy    | <input type="checkbox"/> Mental illness      | <input type="checkbox"/> Suicide            |
| <input type="checkbox"/> Cleft lips        | <input type="checkbox"/> Migraines           | <input type="checkbox"/> other (specify):   |
| <input type="checkbox"/> Cleft palate      | <input type="checkbox"/> Multiple sclerosis  | _____                                       |

Comments:

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CLIENT NAME \_\_\_\_\_

I, \_\_\_\_\_ THE UNDERSIGNED HEREBY ATTEST THAT I HAVE VOLUNTARILY ENTERED INTO TREATMENT WITH THE STAFF OF CENTERED: NORTSHORE CENTER OF MENTAL HEALTH. FURTHER, I CONSENT TO HAVE TREATMENT PROVIDED THE THERAPISTS AT CENTERED: NORTSHORE CENTER OF MENTAL HEALTH. I UNDERSTAND THAT THERAPY MAY BE DISCONTINUED AT ANY TIME BY EITHER PARTY; HOWEVER, WE RECOMMEND THAT THIS DECISION BE DISCUSSED WITH YOUR PSYCHOTHERAPIST AND MADE AS A JOINT DECISION WHENEVER POSSIBLE. THIS COOPERATION WILL FACILITATE BETTER DISCHARGE PLANNING AND RE-ENTRY INTO THE PROGRAM SHOULD IT BE NEEDED AGAIN AT A LATER DATE.

IF THE CHILD IS A MINOR, PARENT OR GUARDIAN SIGNATURE: \_\_\_\_\_

PRINT SIGNATURE: \_\_\_\_\_